



苏州工业园区东延路实验学校

SUZHOU INDUSTRIAL PARK DONGYAN ROAD EXPERIMENTAL SCHOOL

苏州工业园区东延路实验学校（小学部）作息时间表

Suzhou Industrial Park Dongyan Road School (Primary department) Timetable

2022 年 9 月 Sep. 2022

	周一 Mon		周二至周五 Tue~Fri	
上午	8: 00-8: 20	早读 morning reading	8: 00-8: 20	大课间 long-break time
	8: 25-9: 05	第一课 The first class	8: 25-9: 05	第一课 The first class
	9: 15-9: 30	书法 calligraphic course	9: 15-9: 30	晨会 Morning Meeting
	9: 30-9: 50	升旗仪式 Flag-Raising Ceremony	9: 30-10: 15	眼保健操、第二课 Eye exercises, the second class
	9: 50-10: 35	眼保健操、第二课 Eye exercises, the second class	10: 25-11: 05	第三课 the third class
	10: 45-11: 15	第三课 the third class		
午间	11: 15-11: 45	一至三年级午餐 Grade1-3 lunchtime 四年级午自习 Grade 4 noon self-study	11: 05-11: 45	一至三年级午餐 Grade1-3 lunchtime 四年级午自习 Grade 4 noon self-study
	11: 50-12: 20	一至三年级午间活动，四年级午餐 Grade1-3 activities at noon Grade 4 lunchtime		
	12: 20-12: 50	一至三年级午自习，四年级午间活动 Grade1-3 noon self-study Grade 4 activities at noon		
下午	13: 00-13: 40	第四课 The fourth class		
	13: 50-14: 35	眼保健操、第五课 Eye exercises, the fifth class		
	14: 45-15: 25	第六课/课外活动 The sixth class/Comprehensive activities		
	15: 30-17: 30	课后延时服务 extended service hours		

博观厚积 兼容并蓄